



Jigsaw4U – Annual Review 2017



**“Jigsaw4u helped me in so many ways.
Without exaggerating, you saved my life”. – A missing young person**

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Who are we?

Jigsaw4u is a well-established and respected South West London based children's charity, working with children and young people affected by significant social and emotional issues and bereavement.

Services we offer:

- **Pre and Post Bereavement**
- **Home School Links**
- **Domestic Abuse**
- **Missing Young People**
- **Participation for Children with Disabilities**
- **Young Victims of Crime**
- **Training**
- **Child Sexual Exploitation**
- **Advocacy and Independent visiting for looked after children**
- **Mentoring**
- **Parenting**
- **Advice and Consultation**
- **Volunteer Programme**

Our 20th Year

We are currently celebrating Jigsaw4u's 20th anniversary – a wonderful achievement for a charity in challenging financial times. Jigsaw4u has always kept true to its original purpose of giving children and young people a voice in the decisions that affect their lives and 'helping them to put the pieces back together'.

I would like to pay tribute to Anne Davies, the founder and CEO of Jigsaw4u who had the original vision of establishing Jigsaw4u in May 1997. It has grown so much since those early days. I have had the privilege of being involved for 18 years in various roles – Grief Support Project Worker, Head of Service and over the last 6 years as Trustee, Friend of Jigsaw4u and Chair. So, I have known the work from all angles. I am always impressed by the passion and commitment of the people who are involved – the children and young people, families, staff, trustees, volunteers and colleagues in other agencies and our many donors.

Jigsaw4u has a remarkable breadth and depth of services and over the last year has reached an impressive 4000 children, young people and their families. I would like to thank the team for all they have achieved over the last year.

There are so many people who have helped Jigsaw4u over the last 20 years. I cannot begin to name them all – but we appreciate everything you do. The need for our services continues to grow – we have ambitious plans and hope that you will continue to support us over the next 20 years so that we can reach out to evermore children and young people.

Christine Roe

Chair of Trustees



"Jigsaw4u has helped me to really like myself which has made life easier.." - Child



Did you know?

10% of children aged 5-16 suffer from a clinically significant mental health illness.

50% of those with life time mental illness will experience symptoms by the age of 14.

112 children nationally were bereaved of a parent each day last year.

Bereavement of suicide is a key factor in young people who take their own lives.

Early intervention avoids children and young people falling in to crisis and avoids expensive and longer term interventions.

How Jigsaw4u helps

- This year has seen Jigsaw4u deliver services to over **4000** children, young people and their families
- We have delivered **460 groups, 7639 1:1 sessions for children and 1512 for adults**

Home School Links Service

- A service was provided to 2287 children
- Staff delivered 5627 one to one sessions
- **100%** of children who received the service reported improvements on all scales of the Outcomes Star

Pre and Post Bereavement Service

- **504** children and adults assessed for a service.
- **173** children received intensive individual support sessions
- **163** adults were supported
- **1129** individual sessions were delivered
- **45** individuals received group work support

- In the past year we have seen an 85% increase of referrals for children and young people affected by sudden and accidental death
- We received **671 telephone calls** requesting advice and guidance about how to talk to children and young people about life threatening diagnosis and death.

Missing and CSE

This year we have taken referrals of **1196 missing episodes** across **Merton and Sutton boroughs.**

What people say

Children and Young People

- "It really helps you to figure things out and how to sort out the root of the problem"
- "Thank you for getting me out of a hole I never believed I would get out of."
- "I was never going to smile again. Well at least that is what I thought until one day my mum took me to Jigsaw4u"

Parents

- "The service is in my opinion vital to young people in this day and age."
- "Knowing that he has support puts my mind at rest"
- "My children are now happy and I think that is all down to Jigsaw4u"

Teachers

- "Great support to pupils and all the school staff after one of our pupils died"
- "I have noticed a real difference in his ability to cope in school since Jigsaw4's help"
- "We have loved having a mentor for this child and could see the difference in him within a month or so. He engaged much more in every aspect of school life!"

Jigsaw4u activities



In addition to the support provided by our many projects, over the last year Jigsaw4u has given children and young people the chance to access a wide range of positive experiences. These activities give our service users the chance to meet other young people and offer some time away from stressful situations. The opportunity to participate in meaningful activities not only contributes to healthy development in children and young people but also helps to build their resilience.



Southside House Christmas 2016

Just before Christmas last year, a group of children were invited to the beautiful Southside House in Wimbledon. The children were treated to an afternoon party which included a magic show, party games, food in the grand banqueting hall and finished off with gifts and carols sung around a twinkling Christmas tree.



“When I was in the house I felt like I was in a fairy tale” - Child

Crystal Palace Christmas party 2016

Also last December, young people accessing Jigsaw4u were lucky enough to be invited by Crystal Palace Supporters Children's Charity to a Christmas party alongside first team players.

The club very kindly offered their VIP box to Jigsaw4u children and young people to watch matches throughout the rest of the football season.



Singing and drama workshops

Throughout the year, a large number of children and young people have attended workshops put on by talented theatre groups who support Jigsaw4u.

Baseless Fabric theatre company has given children the opportunity to take part in opera workshops where they have learnt arias and operatic singing techniques.





And our long-time supporters Magical Quests theatre company have helped our young people to devise a 'play-in-a-day' alongside their team of professional actors and musicians.



“When I put on the costume, I couldn't believe how beautiful I felt” - Child

Littlehampton

This summer, we paid our fourth annual visit to Littlehampton with a large group of children, young people, parents, staff and volunteers. We had a great day and enjoyed some time on the beach having a paddle in the waves while others took themselves off to do a spot of crabbing. A fish and chip lunch was followed by a visit to the arcade, then ice creams and home time.



“I experienced paddling in the sea for the first time and I enjoyed a gigantic ice cream” - Child



Jigsaw4u events

We now have three annual events in the Jigsaw4u calendar that not only provide fun and participation for our service users and supporters, but also helps to increase the Jigsaw4u profile whilst raising much needed funds.

Valentines ball

In February this year we held Jigsaw4u's first ever fundraising ball.

The glittering event took place at The Selsdon Park Hotel where 240 guests enjoyed live music, three course dinner and drinks, casino, dancing, as well as an auction and a raffle. The amazing event organiser and supporter of Jigsaw4u Angela Brocklesby ensured that guests had such a wonderful time that they have already asked her to hold another ball-so watch this space.....

As our bereavement team have experienced a notable increase in referrals for children affected by suicide and sudden death the funds raised from this event will go directly to support them.





Art exhibition

2017 saw Jigsaw4u hold its sixth annual art exhibition and as in the previous years, the art work produced by our young people was incredibly moving. The exhibition brought together children and young people across many of the projects at Jigsaw4u to showcase their creative talents and ran for four weeks in the exhibition space in the Stable Yard within the National Trust's Morden Hall Park.



"It is wonderful to see these children having the opportunity to express difficult experiences through their art work."
– Visitor to exhibition



Football4u

Building on the success of our very first football tournament in 2016, this year's event held in June proved to be just as competitive and exciting! Six local businesses played alongside local schools teams in a bid to take home our Champion Business and Youth Cups.

The event provided a great day of sporting fun for the local community and has proved to be so popular that we are already planning for next year's tournament, so get in touch and get your teams signed up!



"We love that we can support a brilliant local charity and at the same time get a team out of the office to play some football". – Business partner



Merton Best Business Awards



Our apprentice Michael Brown was a finalist in this year's awards in the category of 'Best Apprentice' and here's what he had to say about the experience:

"I felt honoured when I heard I had been short-listed for the apprentice of the year, going to the event I had a variety of emotions ranging from feeling nervous to being excited. I enjoyed the atmosphere and feeling of the actual event, it was a brilliant evening that I and everyone enjoyed. Even though I didn't come first, I was still greatly overwhelmed that I had the chance to go to the event and become a finalist. And I am happy that Jigsaw4u took me on as an apprentice and helped get me to that situation as a finalist at the Merton Best Business awards."





We would like to say a HUGE thank you to our friends and supporters this year, some of these include...

Kleinwort Benson Trust Ltd, Icon Solutions, Close Brothers Group, Merton Chamber of Commerce, AFC Wimbledon, Carshalton Rotary Club, Eligo Recruitment, Green Wrythe Primary School, TSB Wallington, BSP Knockholt Ltd, Soroptomist International, Metro Bank Wimbledon, Gibsons, Holy Trinity Centre, Wallington Craft Markets, Coop Funeralcare Rose Hill, Asda Sutton, Geeks, Cranleigh Tennis Club, German Christchurch, Light up Morden, Parthenon Lodge Sutton, Grosvenor Systems, Kingston Grammar School, Godstone Farm, Set Square Staging, Cheam Village Towns Women's Guild, Angela Brocklesby & Friends, Paddington Toddler Group Wallington, Cheam Primary School, St Matthias Women's Group, Friends of Jigsaw4u, Wimbledon Midwifery Benevolent Fund, Givers Gain.....



It could be you!

If you are interested in working with Jigsaw4u there are lots of ways that businesses and individuals can get involved:

Staff fundraising, Payroll Giving, Gifts in kind, Volunteering on a project or one off event, Donate your time and expertise, Sponsor a project, Sponsor an activity or event.

This is where our money comes from and how we spend it. The majority comes from grants and contracts to directly deliver services to children and young people.

Where our money comes from?

- Donations & Fundraising
- Grants and contracts
- Investments

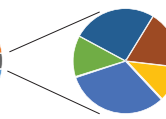


How we spend our money?

- Delivering our services
- Management & Admin
- Other



- Premises
- Governance
- Fundraising
- Finance
- IT



What can you do today to make a difference?

Why not enquire about becoming a volunteer? We offer full training and will cover expenses.

"I could see the difference my time was making to this young person but I was surprised at the positive impact volunteering for Jigsaw4u had on my own life." - Volunteer

Call our Volunteer Coordinator at the office to find out what current opportunities are available.

Could you help us raise awareness through **friends** and **social media**?

We're on **Twitter, Facebook, Instagram and LinkedIn**.

Do you work for a company who could nominate us for Charity of the year?

Or simply donate!

Text JIGS16 £10 to 70070

Whatever way you choose to support us, your time and money will go towards helping local children, young people and their families.

Thank you



"I recommend Jigsaw4u to many parents as my son has been given a voice and is listened to and valued" - Parent



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